



# Programs & Activities

## Newcomers Programs

Winter 2025 | January to March



### Language Learning



Speak Easy Conversation English  
(in-person/Zoom)  
Tuesdays: 10:00 AM – 11:30 AM  
1321 Neilson Road



Global English Class  
(Dari & Farsi)  
(in-person/Zoom)  
Wednesdays: 2:00 PM – 3:00 PM  
1321 Neilson Road

### Settlement Workshops



Financial Literacy:  
RRSP & RESP  
(in-person/Zoom)  
Thursday January 16th  
1:30 PM – 2:30 PM  
1321 Neilson Road



Financial Literacy:  
RRSP & RESP  
(in-person/ Zoom)  
Thursday, February 20th  
1:30 PM – 2:30 PM  
1321 Neilson Road

### Skills Lab



Computer Basics  
Mondays: 1:30 PM – 2:30 PM  
January 13 – February 24  
1321 Neilson Road



Work Smart Lab  
(By Appointment Only)  
January 6 – March 31  
1321 Neilson Road

### Social & Recreation Groups



Creative Connections  
Thursdays: 10:00 AM – 11:00 AM  
1321 Neilson Road



Thai Pongal Celebration  
Friday January 17th  
12:00 PM – 1:00 PM  
1321 Neilson Road

### Support Services



Information & Referrals (Drop-In)  
Daily 9:00 AM – 5:00 PM  
1321 Neilson Road | 90 Littles Road



1:1 Case Management  
Monday to Friday  
(By Appointment Only)  
1321 Neilson Road | 90 Littles Road

### Youth Program



Badminton Series (13+)  
Tuesdays: 3:00 PM – 4:00 PM  
February 4 – 25  
90 Littles Road



Kitchens of Malvern – Youth Edition (13+)  
Friday: 3:30 PM – 5:00 PM  
Jan 31st, Feb28 & Mar28  
1321 Neilson Road

Diaper Bank starting February. Watch for details!

Income Tax Clinic  
Mondays Mar 3 – Apr 28  
90 Littles Road

Income Tax Clinic  
Wednesdays Mar 5 – Apr 23  
1321 Neilson Road

Join our programs on Zoom:  
Meeting ID: 248 651 9571  
Passcode: newcomers



CATHY MWANZA 437-324-6926 | EVANNA THIRUCHELVAM 416-990-1160  
NAHIDA TANY 437-324-7509 | NEDA QASEMI 437-324-7506  
TARANNUM KHAN 416-994-6202

FOR DETAILED DESCRIPTION ON PROGRAMS AND ACTIVITIES AND TO SIGN-UP, PLEASE VISIT MFRRC.ORG OR SCAN THE QR CODE

