

### EarlyON

Child and Family Centre  
All programs are FREE !!!

#### 2024 MFRC CLOSURES

Jan 1 (New Year), Feb 19 (Family Day),  
Mar 29- Apr 1 (Easter Weekend)

#### \*Registered Program\*

##### Let's Get Started

90 Littles Road (Every Thurs 1:00-3:00 pm)

Contact: Kitty Yiu (647) 819-3483

Email: [kyiu@mfrfc.org](mailto:kyiu@mfrfc.org)

#### \*Registered Parenting Workshops\*

##### Baby Food-Friday, Mar 01, 2024

90 Littles Road (9:30-11:00 am)

Contact: Samantha Singh (647) 770-5847

Email: [ssingh@mfrfc.org](mailto:ssingh@mfrfc.org)

##### Prenatal Workshop

1321 Neilson Road (Every Mon 10:00-11:00 am)

Contact: 416- 438-3697 ext 14349

Cell# 416 318 3272

1321 Neilson Road (Every Fri 9:30-11:00 am)

Jan 19, 2024 - Toddler Food

Jan 26, 2024 - Managing Stress - Adults 10-11:30 am

Feb 02, 2024 - Planning Meals for Preschoolers

Feb 16, 2024 - Reading Labels

Feb 23, 2024 - Managing Stress - Children 10-11:30 am

Mar 15, 2024 - Toilet Training

Mar 22, 2024 - 2SLGBTQ+ Affirming Interactive Workshop

Contact: Patricia Eugenio (647) 914-9284

Email: [patricia@mfrfc.org](mailto:patricia@mfrfc.org)



MON	TUE	WED	THURS	FRI	SAT
<p>9:30-11:30am 90 Littles Road Fun with Letters</p> <p>1321 Neilson Road Fun with Numbers</p> <p>Milliken Park C.C. Story Time</p> <p>9:30-11:00am Agnes MacPhail P.S. Together Time</p> <p>10:00-11:00am 1321 Neilson Road *Prenatal Workshop*</p>	<p>9:30-11:30am 90 Littles Road Toddler Time</p> <p>1321 Neilson Road Fun with Shapes</p> <p>Milliken Park C.C. Fun with Numbers</p> <p>Neilson House Together Time</p>	<p>9:30-11:30am 90 Littles Road Book Making</p> <p>1321 Neilson Road Together Time</p> <p>Milliken Park C.C. Active Play</p> <p>Neilson House Together Time</p> <p>9:30-11:00am Woodside Library Together Time</p>	<p>9:30-11:30am 90 Littles Road Active Play (Gym)</p> <p>1321 Neilson Road Toddler Time</p> <p>9:30-11:00am Agnes MacPhail P.S. Together Time</p> <p>Woodside Library Together Time</p>	<p>9:30-11:30am 90 Littles Road Together Time No programs-Jan 12, Feb 09, Mar 08</p> <p>Infant Massage (0-18 Months) Jan 19-Feb 23/Mar 8-Apr 12</p> <p>1321 Neilson Road Fun with Colours No programs-Jan 12, 19 &amp; 26 Feb 02, 09, 16 &amp; 23 Mar 08, 15 &amp; 22</p> <p>*Registered Parent Workshops* Please refer to the box on the left</p> <p>9:30-11:00am Malvern Library Together Time No programs-Jan 12, Feb 09, Mar 08</p>	 <p>9:30-11:30am 90 Littles Road Family Time</p> 
<p>1:00-3:00pm 90 Littles Road Read and Rhyme</p> <p>1321 Neilson Road Readiness to Learn (Born in 2020)</p> <p>1:00-2:30pm Goldhawk Library Readiness to Learn (Born in 2020)</p> <p>1:15-2:45pm Thomas Wells P.S. Readiness to Learn (Born in 2020)</p> <p>3:30-5:00pm Macklin P.S. Creative Learning (JK/SK)</p>	<p>1:00-3:00pm 90 Littles Road All About Me</p> <p>1321 Neilson Road Readiness to Learn (Born in 2020)</p> <p>1:00-2:30pm Goldhawk Library Together Time</p> <p>3:30-5:00pm CD Farquharson P.S. Creative Learning (JK/SK)</p> <p>6:00-7:30pm 90 Littles Road Family Time</p>	<p>1:00-3:00pm 90 Littles Road Together Time</p> <p>1321 Neilson Road Readiness to Learn (Born in 2020)</p> <p>1:30-3:00pm Port Royal P.S. Readiness to Learn (Born in 2020)</p> <p>Burrows Hall Library Together Time</p> <p>3:30-5:00pm Port Royal P.S. Creative Learning (JK/SK)</p> <p>90 Littles Road Creative Learning (JK/SK)</p>	<p>1:00-3:00pm 90 Littles Road Math Fun</p> <p>*Let's Get Started*</p> <p>1321 Neilson Road Readiness to Learn (Born in 2020)</p> <p>1:00-2:30pm Milliken Park C.C. Chinese Together Time</p> <p>3:30-5:00pm Anson Taylor P.S. Creative Learning (JK/SK)</p> <p>6:00-7:30pm 90 Littles Rd. Dad and Me</p>	<p><b>MFRC</b></p> <p>90 Littles Road 1321 Neilson Road (Lower Level)</p> <p><b>Community Centre</b></p> <p>Neilson House 1575 Neilson Road</p> <p>Milliken Park C.C. 4325 McCowan Road</p> <p><b>Libraries</b></p> <p>Goldhawk Library 295 Alton Towers Circle</p> <p>Woodside Library 1571 Sandhurst Circle</p> <p>Burrows Hall Library 1081 Progress Ave.</p> <p>Malvern Library 30 Sewells Road</p>	<p><b>Schools</b></p> <p>Agnes MacPhail P.S. 112 Goldhawk Trail (Portable Classroom)</p> <p>Thomas Wells P.S. 69 Nightstar Road (Staff Room)</p> <p>Macklin P.S. 136 Ingleton Blvd. (DK Room)</p> <p>CD Farquharson P.S. 1965 Brimley Road (Classroom 14)</p> <p>Port Royal P.S. 408 Port Royal Trail Readiness to Learn (Lunchroom) Creative Learning (Classroom 101)</p> <p>Anson Taylor P.S. 20 Placentia Blvd. (Classroom 102)</p>



# EarlyON Winter Calendar 2024

## Programs

### All About Me

Focus on teaching children about themselves, family and pets.

### Active Play

Providing children with unique physical activities including parachute fun, bean bag toss, and other physical activities.

### Book Making

Hands-on learning opportunity for families to create books together, as well as, sing songs and listen to stories.

### Chinese Together Time

Families have the opportunity to socialize while children develop new language such as Cantonese & Mandarin..

### Creative Learning (4-6 Years)

Helping children in Kindergarten strengthen their reading and math skills.

### Dad & Me

A program for dads and male role models to bond with children through play and fun activities.

### Family Time

An interactive drop-in program which includes siblings over 6 years.

### Fun with Colour

Enjoy learning and exploring the different colours through educational activities.

### Fun with Letters

Starting to recognize letters by participating in different hands-on activities, which may include alphabet blocks, puzzles, flash cards, stamps and storybooks.

### Fun with Numbers

Starting to recognize numbers by participating in different hands-on activities which may include number puzzles, counting toys, counting beads and flashcards.

### Fun with Shapes

Hands-on experience to engage children while exploring with shapes through play.

### Infant Massage (0-18 Months)

The families will be encouraged to massage their babies during the demonstration by using canola or olive oil.

### \*Let's Get Started\*

Program for parents/caregivers and their children 18 months to 6 years who need additional developmental support.

### Math Fun

Having the opportunity to learn about sorting, counting, measurement, number line, shapes and number recognition.

### Read and Rhyme

Promoting early literacy through books, songs, finger plays, poems and nursery rhymes.

### Readiness to Learn

Providing preschoolers with key learning skills they need to succeed in a school setting. Such as independent, listening and social skills.

### Story Time

Focusing on storytelling in a group setting. A variety of stories are read in the program, including large picture books, and stories involving props (such as puppets).

### Toddler Time (18-36 Months)

Focusing on toddler's development through play. Parents and caregivers will engage in activities with their child.

### Together Time

Having the opportunity to socialize while children develop new skills in an early learning environment.



## EarlyON Staff Contact Information:

Ashelle Alexander	(647) 561-6726	aalexander@mfrf.org
Kitty Yiu 姚老师	(647) 819-3483	kyiu@mfrf.org
Patricia Eugenio	(647) 914-9284	patricia@mfrf.org
Samantha Singh	(647) 770-5847	ssingh@mfrf.org
Sarah Chui 崔老师	(647) 774-6324	wchui@mfrf.org
Tanya Tucker	(647) 514-3049	ttucker@mfrf.org

For more information contact  
Cathy McDonald  
(EarlyON Coordinator)  
cmacdonald@mfrf.org  
(416) 284-4184 Ext 209

# Middle Years Winter Calendar 2024

Our Middle Years program provide high quality programs for children in JK to grade 6. We offer homework support, health and wellness , physical , nutrition/ cooking and outdoor activities daily.

We are here to provide a safe and nurturing space for all children

## After School Program

### Locations

- 90 Littles Road
- Alexander Stirling PS
- Grey Owl PS
- Burrows Hall PS
- White Haven PS
- Tom Longboat PS
- Mary Shadd PS
- Heritage Park PS

Cost: \$120 per child  
Age: JK- Grade 6  
Time: 3pm-530pm  
Monday- Friday

To register scan QR code below



For more information contact  
Kacy Knight  
kknight@mfrf.org  
children@mfrf.org  
416-284-4184 Ext 252

## PA DAY Camp

- January 19, 2024
- February 16, 2024
- April 19, 2024
- June 7, 2024

Scan QR Code to register



Cost: \$30 per child  
New members: \$40



## March Break

Registration for March Break Camp opens Feb 15, 2024

Scan QR Code to register

Cost: \$125 per child  
Age: JK- Grade 8  
Time: 8- 5pm  
Monday- Friday



## Winter Break

Registration for Winter Break Camp Jan 2-5, 2024

Scan QR Code to Register



Cost: \$100 per child  
Age: JK- Grade 8  
Time: 8- 5pm  
Tuesday- Friday

MFRC's  
Partners:

