

# PROGRAMS

## ACTIVE PLAY

Provides children with unique physical activities including parachute fun, building block creations, bean bag toss, and other physical activities.

## BABY WONDERLAND (0-18 MONTHS)

A program for babies and parents with interactive songs, sensory play and simple exercises.

## CREATIVE LEARNING (4-6 YEARS)

This program will help children in Kindergarten strengthen their pre-reading and math skills.

## DAD & ME

A program for dads and grandfathers to bond with children through fun activities, and discussions with guest speakers.

## FAMILY TIME

An interactive drop-in program which includes siblings over 6 years.

## FUN WITH COLOURS

Children will enjoy learning and exploring the different colours through educational activities.

## FUN WITH LETTERS

Children will start to recognize letters by participating in different hands-on activities, including alphabet blocks, puzzles, stamps and other activities.

## FUN WITH NUMBERS

Hands-on experience to teach kids to recognize and learn their numbers through puzzles and counting.

## FUN WITH SHAPES

Hands-on experience to engage children while exploring with shapes through play.

## HEALTHY EATING

Learn about nutrition and healthy eating and how to incorporate it into their daily routine.

## LET'S GET STARTED

A free program for parents/caregivers and their children 18 months to 6 years who need additional developmental support

## LITTLE EXPLORERS

Includes hands-on activities, with emphasis on fine motor development, and tactile use.

## MATH FUN

Children will have fun learning about sorting, counting, measurement, shapes and number recognition.

## READINESS TO LEARN (CHILDREN ENTERING JK IN SEPT. 2020)

Program provides children with key learning skills they need to succeed in a school setting.

## STORYTIME

This program focuses on storytelling in a group setting. A variety of stories are read in the program, including large picture books, and stories involving props (such as puppets).

## TODDLER TIME (18-36 MONTHS)

Program focuses on toddler's development through play. Parents and caregivers will engage in activities with their child.

## TOGETHER TIME

A program for parents and caregivers with children from birth - 6 years. Families have the opportunity to socialize while children develop new skills in an early learning environment.



# CHILD AND FAMILY CENTRE

What's Happening | Winter (Jan to Mar) 2020

WEB: [www.mfrc.org](http://www.mfrc.org) TEL: 416-284-4184 ext.0

Follow us on Instagram and Facebook

@malvernfr | @malvernfamilyresourcecentre



All programs are FREE !!!

## 90 LITTLES ROAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
<b>Together Time</b> 9:30 - 11:30 a.m.	<b>Fun with Numbers</b> 9:30 - 11:30 a.m.	<b>Toddler Time</b> 9:30 - 11:30 a.m.	<b>Active Play (Gym)</b> 9:30 - 11:30 a.m.	<b>Healthy Eating</b> 9:30 - 11:30 a.m.
<b>*Let's Get Started</b> 9:30 - 11:30 a.m.	<b>Healthy Eating</b> 1:30 - 3:00 p.m.	<b>Together Time</b> 1:30 - 3:00 p.m.	<b>Storytime</b> 1:30 - 3:00 p.m.	
<b>Fun with Colours</b> 1:30 - 3:00 p.m.	<b>Family Time</b> 6:00 - 7:30 p.m.	<b>Creative Learning</b> 3:30 - 5:00 p.m.	<b>Dad and Me</b> 6:00 - 7:30 p.m.	

NO PROGRAMS ON FRIDAYS & SUNDAYS

## 1321 NELSON ROAD (LOWER LEVEL)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SUNDAY
<b>Fun with Letters</b> 9:30 - 11:30 a.m.	<b>Together Time</b> 9:30 - 11:00 a.m.	<b>Little Explorers</b> 9:30 - 11:30 a.m.	<b>Together Time</b> 9:30 - 11:30 a.m.	<b>Readiness to Learn (Children entering JK in Sept. 2020)</b> 9:30 - 11:30 a.m.
<b>*School Readiness</b> 1:30 - 3:00 p.m.	<b>Baby Wonderland</b> 11:30 - 12:30 p.m.	<b>*School Readiness</b> 1:30 - 3:00 p.m.	<b>*School Readiness</b> 1:30 - 3:00 p.m.	
	<b>*School Readiness</b> 1:30 - 3:00 p.m.	<b>Family Time</b> 6:00 - 7:30 p.m.		

NO PROGRAMS ON FRIDAYS & SATURDAYS

## MFRC CLOSURES

Feb 15, 16 & 17

Programs and services may be subject to change or cancellation without notice.

**EarlyON**  
Child and Family Centre



EarlyON centres are open to all families in Ontario. They're welcoming places that offer a range of services and resources, where you can:

- Participate in fun activities such as reading, storytelling, sing-alongs and games with your child/ren
- Get advice from professionals trained in early childhood development
- Find out about other family services in your community
- Connect with other families with young children

**AGNES MACPHAIL P. S.  
LUNCHROOM • 112 GOLDHAWK TRAIL**

**Creative Learning**  
Tuesdays  
3:30 - 5:00 p.m.  
**Readiness to Learn**  
Thursdays  
9:30-11:00 a.m.

**ANSON TAYLOR P. S.  
ROOM 102 | 20 PLACENTIA BLVD.**

**Creative Learning**  
Thursdays  
3:30 - 5:00 p.m.

**BURROWS HALL LIBRARY  
1081 PROGRESS AVE.**

**Fun with Letters**  
Tuesdays  
1:30 - 3:00 p.m.

**CD FARQUHARSON P.S.  
ROOM 18 | 1965 BRIMLEY ROAD**

**Creative Learning**  
Tuesdays  
3:30 - 5:00 p.m.

**GOLDHAWK PARK LIBRARY  
295 ALTON TOWERS CIRCLE**

**Math Fun**  
Tuesdays  
1:00 - 2:30 p.m.

**MACKLIN P.S.  
LUNCHROOM | 136 INGLETON BLVD**

**Creative Learning**  
Mondays  
3:30 - 5:00 p.m.

**MALVERN LIBRARY  
30 SEWELLS ROAD**

**Together Time**  
Fridays  
9:30 - 11:00 a.m.

**MILLIKEN PARK C. C.  
4325 MCCOWAN ROAD**

**Together Time**  
Mon, Tues & Wed  
9:30 - 11:30 a.m.  
Thursdays  
1:30 - 3:00 p.m.

**NEILSON HOUSE  
1575 NEILSON ROAD**

**Together Time**  
Tues & Thur  
9:30 - 11:00 a.m.

**PORT ROYAL P. S.  
ROOM 101 • 408 PORT ROYAL TRAIL**

**Creative Learning**  
Mon & Wed  
3:30 - 5:00 p.m.

**Readiness to Learn**  
LUNCHROOM | Wednesdays  
1:30 - 3:00 p.m.

**THOMAS L. WELLS P. S.  
STAFF ROOM | 69 NIGHTSTAR ROAD**  
**Readiness to Learn**  
Mondays  
1:30-3:00 p.m.

**WOODSIDE SQUARE LIBRARY  
1571 SANDHURST CIRCLE**  
**Together Time**  
Wed & Fri  
9:30 - 11:00 a.m.  
**Fun with Shapes**  
Thursdays  
1:00 - 2:30 p.m.

**\*REGISTERED PROGRAMS**

**PARENTING WORKSHOPS**

Registration required for Nobody's Perfect workshop in Cantonese and Mandarin. Please call KITTY at 416-284 4184 ext. 232

Following dates (6 WEEKS):

- Monday, Jan 13th, 20th & 27th 2020
- Monday, Feb 3rd, 10th & 24th 2020

Port Royal P.S - 408 Port Royal Trail



**SCHOOL READINESS (3-4 YEARS)**

A registered program for children starting Junior Kindergarten in 2020. Parents must stay with children during this program.

Parents are allowed to register their child(ren) for either session 1 or 2 each month.

**SPACES ARE LIMITED | ATTENDANCE IS MANDATORY!**

<b>*JANUARY</b>	<b>*FEBRUARY</b>	<b>*MARCH</b>
Session 1: <b>Jan 6 - Jan 16</b>	Session 1: <b>Feb 3 - Feb 13</b>	Session 1: <b>Mar 2 - Mar 12</b>
Session 2: <b>Jan 20 - Jan 30</b>	Session 2: <b>Feb 18 - Feb 27</b>	Session 2: <b>Mar 16 - Mar 26</b>

Monday to Thursday | 1:30 p.m. - 3:00 p.m.  
*Malvern Family Resource Centre, 1321 Neilson Road (lower level)*  
**TO REGISTER FOR A SESSION, CALL TANYA 416-281-1376 EXT. 0**

**STROLLER PARKING**

90 Littles Road and 1321 Neilson Road (lower level)  
Strollers are not allowed in the building. Please park in designated outdoor area.

**PARKING**

Limited parking at 1321 Neilson Road